



## The Cody Unser First Step Foundation Presents

Handicapped Scuba Association (HSA) Training Event

Hosted by **OPERATION DEEP DOWN**

**INSTRUCTOR/DIVE BUDDY TRAINING COURSES**

**25-27 September 2009 Rio Rancho Aquatic Center**



### Cody diving in Aquarium of Pacific



At this very moment people with disabilities are being trained and certified by our Dive Team: **Operation Deep Down**. You are invited to join this elite group of dedicated Instructors who strive to bring adaptive scuba programs to all disabled, especially our veterans. So get ready to GET WET WITH A VET!™

The **Handicapped Scuba Association Instructor Training Course** has been taught to thousands of leading Underwater Educators throughout the world since 1986. Doctors and Health Professionals, in forty-five countries have been trained and certified through this program. No other Adaptive Scuba Training program like this one exists anywhere else in the world.

During the training you will learn what disabilities are, what accessibility is, what adaptive training procedures are, and more. During A FULL DAY of interactive Lectures you will be introduced to thirteen types of disabilities, training procedures and Multilevel Certification, special considerations for classroom and in-water training, equipment, and accessibility.

During a FULL DAY of Confined water training you will be “handicapped” with your legs tied together, and with blacked out masks, then put into typically problematic training scenarios to “experience” what your students will experience. As an Adaptive Scuba Instructor, Assistant Instructor, or Dive Master you provide your students with a learning environment at a level they can achieve. If you haven’t experienced what they will experience, you do not have the tools to teach them. This course will give you the tools.

Student logistics can change significantly when disabilities are introduced into your “tried and true” training procedures. The half-day OPEN WATER TRAINING will prepare you to be “flexible” when conducting open water training and dive planning.

**Who is eligible for this course?** Certified Instructors, Assistant Instructors, Dive Masters, Rescue, Advanced Open water and Open water divers can attend the courses. We especially want to encourage military personnel, law enforcement, search & rescue teams, police, firefighters, and medical personnel (Doctors, Nurses, OTs, PTs, RTs, etc.) to participate as this program leverages established skill sets.

### **Date and Locations:**

25-September through 27-September HSA Instructor, Assistant Instructor, Dive Master and HSA Dive Buddy Course at the Rio Rancho Public Library Meeting Room and Rio Rancho Aquatic Center.

### Cody diving in Albuquerque Aquarium



**Don't Miss the Guest Appearance By: Jim Gatacre, HSA Founder**

## **HSA INSTRUCTOR/DIVE BUDDY TRAINING COURSE APPLICATION**

**Date:** 25-27 September

**Sponsor:** Cody Unser First Step Foundation  
P.O Box 56696  
Albuquerque, NM 87187  
(505) 792-9551

**Training Conducted By:** Operation Deep Down & HSA Instructors

**Price:** Instructor \$425.00 Dive Buddy \$250.00

Price includes: Training, course materials, registration, Aquatic Center Fees, Air/Tank, and certification card.

Price does not include: Scuba Gear, Open Water Park Fees, transportation, or lodging. Scuba Gear Rentals can be arranged through our local dive shops – let us know if you need contact information.

### **Course Pre-requisites:**

HSA Dive Buddy Course: Open Water Certification for at least 6 months and 20 logged dives

HSA Instructor Course: Instructor, Assistant Instructor, Dive Master Professionals must show Certification Card from recognized dive training agency. You must have completed CPR and First Aid training certification or Emergency First Response course w/i the last 24 months, 130 logged dives, including experience in night, deep and navigation dives, and Instructors/AI must have taught/assisted a minimum of 5 Open Water classes. All Dive Professionals need to provide proof of Professional Liability Insurance for 2009.

You must be at least 18 years of age and you will need to present your C-Card(s). Send a photo copy of your C-Card with your application and bring the C-card with you to the course.

**Location:** Albuquerque/Rio Rancho metropolitan area

### **Day 1 Friday, 25-September Instructor and Dive Buddy Course:**

- 8:00am – 12:00 noon Lecture in classroom
- 1:00pm to 5:30pm Pool Skills

### **Day 2 Saturday, 26-September Instructor and Dive Buddy Course:**

- 8:00am – 12:00 noon Lecture in classroom, and examination
- 1:00pm to 5:30pm Pool Skills

### **Day 3 Monday, 27-September Instructor and Dive Buddy Course:**

- 8:00am – 5:30pm Open Water Skills – Blue Hole, Santa Rosa, NM

### **Equipment Required:**

- Bring a full set of scuba gear including 7mm suit or dry suit and weights. Plan on being in the open water for long periods of time. Bring your C-cards and Dive Log.
- Bring two passport-sized photos of yourself.
- You will need to arrange for lodging, meals, park fees. More details available during enrollment.

HSA CD/ITC/DBC Enrollment Application

**For Registration:** Print this form and mail it to us, or copy this form and email it. Once you are registered we will send to you logistics information for your lodging, maps, etc.

**Register:**

Call Shelley Unser, President, Cody Unser First Step Foundation at 505-792-9551  
Or Email Shelley at CUFSF@aol.com

**Payment:** Due in full prior to attending the course.

Yes, please enroll me! I'm sending a copy of my application and a Xerox of my C-card(s) along with a Personal Check, Money Order, or Cashiers Check payable to CUFSF.

Mail to:

Cody Unser First Step Foundation  
P.O Box 56696  
Albuquerque, NM 87187  
(505) 792-9551

\*\* The first half of the course fee is due at the time of enrollment. Balance is due prior to the start of class.

Instructor Training Course (ITC)

Dive Buddy Course (DBC)

**Student Enrollment Information:**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State: \_\_\_\_\_

Zip Code: \_\_\_\_\_

Home Phone (include area code): \_\_\_\_\_

Cell Phone (include area code): \_\_\_\_\_

Email: \_\_\_\_\_

List Certifications to satisfy the pre-requisites:

List Certification #(s):

The Date I was certified:

The number of dives in my log book:

The Date of my last open water dive/class taught: